

## *CURRICULUM VITAE*

**Nancy Ruth Gaskins Little, EdD, MPH**

### **ACADEMIC TITLE:**

Associate Professor

### **ADDRESS:**

Department of Public Health  
Brody School of Medicine  
East Carolina University  
ECHI 2221, 115 Heart Drive  
Greenville, NC 27834

### **EDUCATION:**

- 2014 Ed.D. Doctorate in Higher Education Leadership,  
East Carolina University.
- 1990 M.P.H., Master of Public Health in Health Policy &  
Administration, The University of North Carolina at Chapel Hill.
- 1983 B.S., Bachelor of Science in Administration of Criminal Justice  
and Political Science, The University of North Carolina at Chapel Hill.

### **POSTDOCTORAL TRAINING:**

2014 Chancellor's Leadership Academy Fellow, East Carolina University.

### **PROFESSIONAL CERTIFICATIONS:**

- 1998 Nursing Home Preceptor for Administrator's in Training, NC
- 1990 NC Nursing Home Administrator Licensure #1174

### **ACADEMIC APPOINTMENTS:**

- 2021-2023 Associate Professor | DrPH Health Policy  
Administration & Leadership Program Founding Director  
Department of Public Health  
Brody School of Medicine East Carolina University

- 2020-2021  
Interim Chair & Associate Professor | MPH  
Program Director | DrPH Health Policy Administration  
& Leadership Program Founding Director  
Department of Public Health  
Brody School of Medicine East Carolina University
- 2020-2021  
Interim Chair & Assistant Professor |  
DrPH Health Policy Administration & Leadership Program  
Founding Director  
Department of Public Health Brody School of Medicine  
East Carolina University
- 2017-2020  
Assistant Professor & Vice Chair/DrPH Health  
Policy Administration & Leadership Program Founding Director  
Department of Public Health, Brody School of Medicine  
East Carolina University
- 2017-2018  
MPH Health Administration Concentration Coordinator  
Department of Public Health, Brody School of Medicine  
East Carolina University
- 2014-2016  
Assistant Professor & Vice Chair  
MPH Program Director/Director of Student Services  
Department of Public Health, Brody School of Medicine  
East Carolina University
- 2008-2014  
Vice Chair of Operations/Director of Community Initiatives/  
Clinical Associate Professor  
Department of Public Health Brody School of Medicine  
East Carolina University
- 2007-2008  
Deputy Director MPH Program/Clinical Assistant Professor  
Department of Public Health, Brody School of Medicine  
East Carolina University
- 2005-2007  
Field Placement Director/Clinical Assistant Professor  
Master of Public Health Program, Brody School of Medicine  
East Carolina University

#### **Non-Academic Positions:**

- 1999-2005  
Public Health Director  
Jones County Health Department Trenton, NC
- 1997-1999  
Administrator, Britthaven Inc.  
Jacksonville, NC
- 1993-1997  
Administrator, Guardian Care of Kinston  
Kinston, NC

- 1992-1993 Instructor, Area Health Education Centers
- 1991-1992 Administrator, Britthaven Inc.  
Chapel Hill, NC
- 1988-1989 Planner, County of Hyde, Swan Quarter, NC  
*CON development for NH application*
- 1988-1989 Various positions, Carol Woods Retirement Community,  
Chapel Hill, NC

## PROFESSIONAL APPOINTMENTS AND ACTIVITIES:

### Grant Reviewer:

2020 Association for Prevention Teaching and Research (APTR)

### External Review:

- 2022 Promotion & Tenure External Reviewer for Duke University  
faculty to Assistant Professor position.
- 2021 Promotion & Tenure External Reviewer for University of Chicago,  
Health Policy Administration faculty for promotion to Clinical Associate Professor.

### Journal Reviews:

- 2025 Journal of Public Health Management & Practice
- 2025 International Journal of Care and Caring
- 2023 Journal of Hospital Management and Health Policy
- 2022 Journal of Hospital Management and Health Policy
- 2022 Journal of Public Health Management & Practice
- 2019 American Journal of Public Health (AJPH)
- 2019 Journal of Public Health Management & Practice
- 2019 North Carolina Medical Journal
- 2018 International Journal of Care and Caring
- 2017 Journal of Complementary and Integrative Medicine
- 2017 Journal of Public Health Management & Practice
- 2015 North Carolina Medical Journal
- 2010 American Journal of Infection Control
- 2010 Journal of Public Health Management & Practice
- 2009 Journal of Public Health Management & Practice
- 2008 Journal of Public Health Management & Practice

## Ad Hoc Reviews:

- 2022 APHA Aging Section Abstract Reviewer
- 2022 APTR, Abstract Reviewer
- 2021 APTR Abstract Reviewer
- 2020 APHA Aging Section Abstract Reviewer
- 2020 ATPR, Abstract Reviewer, Presenters & Students
- 2019 APHA, ATPR, Abstract Reviewer, Presenters & Students
- 2018 APHA, ATPR Abstract Reviewer, Students
- 2017 ATPR, Conference Abstract Reviewer
- 2017 International Association of Gerontology & Geriatrics, Abstract Reviewer
- 2017 American Public Health Association Abstract Reviewer for Aging & ATOD sections; CHW caucus
- 2016 ATPR, Conference Abstract Reviewer
- 2016 6th World Conference on Learning, Teaching and Educational Leadership, Abstract Reviewer
- 2016 American Public Health Association Abstract Reviewer for Aging & ATOD sections; CHW caucus
- 2012 American Public Health Association, Public Health& Faith Community Caucus, Abstract Reviewer
- 2011 American Public Health Association, Public Health& Faith Community Caucus, Abstract Reviewer
- 2010 American Public Health Association, Public Health& Faith Community Caucus, Abstract Reviewer
- 2009 American Public Health Association, Public Health& Faith Community Caucus, Abstract Reviewer
- 2008 American Public Health Association, Public Health& Faith Community Caucus, Abstract Reviewer

## INSTITUTIONAL SERVICE:

- 2016-2025: Brody Graduate Studies Committee Member
- 2014-2022: ECU Educational Planning and Programs Committee
- 2014-2025: ECU Bilateral Agreements Committee
- 2018-2023: ECU Rural Education Institute (REI)
- 2021-2022: ECU Graduate Marketing & Recruitment Committee
- 2021-2022: ECU Reviewer Proposal to Establish Joint Master of Public Health Program from UNC-CH and UNC-Asheville
- 2020-2020: ECU Health Sciences Reopen Committee
- 2018-2020: SPH Implementation Committee
- 2015-2019: Partnership Program Manager Education Agreement with ECU/Camp Lejeune.
- 2017-2018: SPH Implementation Committee
- 2016-2018: ECU Faculty Senator (Alternate) BSOM
- 2016-2017: ECU Educational Planning and Programs Committee.  
Performed program review for CAHS.
- 2016-2017: Division of Health Sciences Interprofessional Leadership Council
- 2015-2016: ECU Brody Women Faculty Committee, Past Chair
- 2014-2015: Brody Women Faculty Committee, Chair

- 2014-2015: BSOM Assistant Dean of Diversity Search Committee Member
- 2013-2014: Brody Women Faculty Committee, Chair Elect
- 2011-2013: BSOM Strategic Planning Committee
- 2010-2011: ECU Center for Health Disparities Research Board Member

## **DEPARTMENTAL SERVICE:**

### **Program Director:**

- 2017-2025: DrPH Health Policy Administration & Leadership
- 2021-2025: MPH Field Placement/Practicum Coordinator
- 2020-2021: MPH Program Director
- 2015-2016: MPH Program Director

### **Concentration Coordinator:**

2017-2018: MPH Health Administration Concentration Coordinator

### **Chair:**

- 2006-2025: Chair, Community Advisory Board
- 2018-2025: Chair, Craig Souza Long Term Care Scholarship
- 2018-2025: Chair, DrPH HPAL Curriculum Committee
- 2018-2023: Chair, Harold H. Bate Public Health Scholars Program
- 2021-2023: Chair, DPH CEPH Accreditation Steering Committee
- 2017-2018: Chair, HA Search Committee
- 2009-2017: DPH Continuing Education Committee
- 2015-2016: Department Chair Advisory Search Committee
- 2015-2016: DPH Extramural Funding Committee, Co-Chair
- 2009-2015: DPH Marketing Committee
- 2011-2012: MPH Scholarship Committee
- 2005-2006 – 2008-2009: MPH Recruitment Committee: Co-Chair

### **Member:**

- 2018-2025: DrPH HPAL Admissions Committee, Head Reviewer
- 2021-2023: MPH Curriculum Committee
- 2021-2025: DrPH HPAL Curriculum Committee
- 2020-2021: MPH Admissions Committee, Head Reviewer
- 2020-2023: MPH/DrPH HPAL Search Committee (2)
- 2015-2019: MPH Curriculum Committee
- 2018-2019: DPH HA Search Committee
- 2014-2018: MPH Admissions Committee
- 2015-2018: MPH Curriculum Committee
- 2015-2016: DPH Search Committee for Department Chair
- 2014-2016: DPH Strategic Planning Leadership Team

- 2009-2010 – 2010-2011: MPH Program CEPH Accreditation Committee
- 2005-2006 – 2008-2009: MPH Program Curriculum Committee
- 2005-2006 – 2008-2009: MPH Program Advisory Committee
- 2005-2006 – 2008-2009: MPH Program Evaluation Committee
- 2006-2007: CEPH MPH Program Accreditation Committee

### **Department of Public Health Special Reports:**

- 2016: Brody School of Medicine Department of Public Health Extramural Funding Final Report. (Pitts, S., Little, NRG., Clay, M., & Gerlach, R). pages 1-31.
- 2015: Department of Public Health Diversity Plan. (Kearney G., Mwachofi, A. & Little, NRG).

## **PROFESSIONAL SERVICE & MEMBERSHIP:**

### **National and State Committees:**

- 2023-2025: Association for Prevention Teaching and Research
- 2023-2025: NCPHA Leadership Committee & Aging Committee
- 2022-2023: NCPHA Past Chair, Aging Section
- 2022-2023: North Carolina Board of Examiners for Nursing Home Administrators
- 2021-2022: ATPR Planning Committee Member
- 2021-2022: APHA Aging Section Program Planning Member
- 2021-2022: NCPHA Aging Section Chair & Program Planner
- 2021-2022: North Carolina Board of Examiners for Nursing Home Administrators. Licensing Board Member
- 2020-2021: ATPR Planning Committee Member
- 2020-2021: APHA Aging Section Program Planner, Chair
- 2019-2020: APHA Aging Section Program Planner, Chair.
- 2019-2020: ATPR Planning & Policy Committee Member.
- 2019-2021: Founding Chair, NCPHA Aging Section
- 2020-2021: North Carolina Board of Examiners for Nursing Home Administrators. Vice Chair Licensing Board
- 2019-2020: North Carolina Board of Examiners for Nursing Home Administrators. Vice Chair Licensing Board.

- 2019-2020: North Carolina Health Care Facilities Association Advisory Board member.
- 2019-2020: North Carolina Public Health Association, Member.
- 2018-2019: SAMHSA Community Anti-Drug Coalitions of America Research and Evaluation Advisory Council.
- 2018-2019: ATPR Planning & Policy Committee Member.
- 2018-2019: APHA American Public Health Association, Aging Section, Program Planner Elect.
- 2018-2019: North Carolina Board of Examiners for Nursing Home Administrators. Vice Chair Licensing Board.
- 2018-2019: North Carolina Health Care Facilities Association Advisory Board member.
- 2018-2019: North Carolina Public Health Association, Member.
- 2017-2018: ATPR Planning & Policy Committee Member.  
Abstract reviewer for conference and student abstracts.
- 2017-2018: APHA Alcohol Tobacco & Other Drugs (ATOD) member.  
ATOD abstract reviewer for 2017 APHA convention; session moderator.
- 2017-2018: American Public Health Association (APHA) Aging Section member; abstract reviewer for 2017 APHA convention.
- 2017-2018: Gerontological Society of America, Member & Abstract Reviewer for 2017 International IAGG Conference, San Francisco, Cal.
- 2017-2018: North Carolina Public Health Association, Member.
- 2017-2018: North Carolina Health Care Facilities Association, Advisory Board member.
- 2016-2017: American Public Health Association (APHA) Aging Section member; aging section moderator for 2016 APHA National Convention; abstract reviewer for 2017 APHA convention.
- 2016-2017: APHA Alcohol Tobacco & Other Drugs (ATOD) member. ATOD Section Leadership Development Mentor. ATOD abstract reviewer for 2017 APHA convention.
- 2016-2017: APHA Community Health Workers caucus member; Abstract reviewer for 2017 APHA convention.
- 2016-2017: Association of Teaching, Prevention & Research (ATPR) member. Policy committee member. Climate change policy statement co-chair. Session Moderator.
- 2016-2017: North Carolina Public Health Association, member. Poster judge for practiced based network section 2016 NCPHA convention.

- 2016-2017: North Carolina Public Health Foundation, board member.
- 2015-2016: American Public Health Association (APHA) Aging Section member; abstract reviewer for 2016 APHA convention.
- 2015-2016: APHA Alcohol Tobacco & Other Drugs (ATOD) member. ATOD Section Leadership Development Mentor. ATOD abstract reviewer for 2016 APHA convention.
- 2015-2016: APHA Community Health Workers caucus member; Abstract reviewer for 2016 APHA convention.
- 2015-2016: North Carolina Public Health Association, member.
- 2015-2016: North Carolina Public Health Foundation, board member.
- 2014-2015: SAMSHA, CADCA, Drug Free Communities Coalition member.
- 2014-2015: North Carolina Public Health Association, member.
- 2014-15: North Carolina Public Health Foundation, board member.
- 2013-2014: SAMSHA, CADCA, Drug Free Communities Coalition member.
- 2013-2014: North Carolina Board of Examiners for Nursing Home Administrators, board member, Governor Appointment.
- 2013-2014: North Carolina Public Health Foundation, board member
- 2013-2014: North Carolina Public Health Association, member.
- 2012-2013: North Carolina Board of Examiners for Nursing Home Administrators board member, Governor Appointment.
- 2012-2013: North Carolina Public Health Foundation, board member.
- 2012-2013: North Carolina Public Health Association, member.
- 2011-2012: North Carolina Public Health Association, member. Leadership & Health & Wellness Sections.
- 2011-2012: APHA, Chair of Public Health & Faith Community Caucus. Program Planner, Public Health & Faith Community Caucus.
- 2010-2011: APHA, Chair of Public Health & Faith Community Caucus. Program Planner, Public Health & Faith Community Caucus.
- 2010-2011: North Carolina Public Health Association, Leadership section member.
- 2009-2010: APHA, Chair of Public Health & Faith Community Caucus.



- 2009-2010: North Carolina Public Health Association, Leadership section member.
- 2008-2009: American Public Health Association. Vice Chair for Public Health & Faith Community Caucus.
- 2008-2009: North Carolina Health Care Facilities Association, member.
- 2008: University of North Carolina Women's Health Report Card committee.
- 1999 – 2006: North Carolina Association of Public Health Directors, member.
- 1990-1999: North Carolina Health Care Facilities Association, member. Provider Relation's committee representative.

### **Regional & Local Committees:**

- 2010-2025: Northeastern North Carolina Public Health Partnership, Board Member 2020-2021: Jean Mills Symposium Committee, co-Chair while Interim Chair
- 2016-2018: Cape Fear Emmaus, Board Member.
- 2010-2016: Northeastern North Carolina Public Health Partnership, executive committee.
- Chair, Bylaws Committee.
- 2015-2016: Cape Fear Emmaus, Member
- 2012: Common Ground, Inc., Board Retreat Facilitator for Lenoir County non-profit. January 14, 2012.
- 2010-2011: Pitt Partners for Health. Member of Physical Activity & Nutrition committee. 2010-2011: The Refuge, Son Set Ministries, Ayden, NC. Board Vice Chair.
- 2010 – 2011: Jones County Healthy Carolinians, co-chair. Member of chronic disease team; school health team; assisted with recertification.
- 2010-2011: Jones County Health Carolinians; co-chair. Member of chronic disease team; school health team, marketing committee.
- 2010: Healthy NC 2020, Panelist for Healthy NC 2020 objective.
- 2009 – 2010: Pitt Partners for Health. Member of Physical Activity & Nutrition committee.
- 2009-2010: Jones County Healthy Carolinians; co-chair. Member of chronic disease team; school health team.
- 2009-2010: The Refuge, Son Set Ministries, Ayden, NC. Board Vice Chair. 2008 – 2010: Jones County Annual Walk-a-Thon, Volunteer.
- 2008-2009: Northeastern North Carolina Public Health Partnership, executive committee.
- 2008-2009: Jones County Healthy Carolinians, co-chair. Member of chronic disease team; school health team.

- 2007-2008: Northeastern North Carolina Public Health Partnership, executive committee. 2000 – 2005: Jones County Agricultural Extension Community Advisory Board Member. 2000 – 2005: Jones County Partnership for Children, Board Member.
- 2000-2005: Jones County Healthy Carolinian Task Force, Founder Member. 1999 – 2005: Jones County Criminal Justice Partnership, Board Member.
- 2000 – 2005: Jones County Crime Prevention Council, Board Member.
- 1999 – 2005: Jones County Child Fatality Task Force, Board Member.
- 1999 – 2005: Craven Regional Medical Center Hospital Advisory Board Member. 1999 – 2005: Lenoir Community College Jones County Advisory Board Member. 1999 – 2005: Jones County School Health Advisory Committee Member.
- 1999 – 2005: Heart Works Nonprofit Board Member, Pamlico County 1999 – 2005: Jones County Child Protection Team Board Member. 1997 – 1999: Jacksonville Breakfast Rotary, member
- 1988 – 1989: Hyde County Drug Awareness Task Force, member. 1988 – 1989: Hyde Focus on Aging, member.
- 1988 – 1989: Interagency Council of Hyde County, NC ; member.
- 1988 – 1989: Mattamuskeet Jaycees, Hyde County, NC, member.
- 1988 – 1989: Hyde County Chamber of Commerce, Founder . 1985 – 1988: South Orange Rescue Squad, EMT Volunteer.

## **HONORS & AWARDS:**

### **Award:**

- 2024: Nominated for the ECU Talton Leadership Award. 2019: East Carolina University Treasured Pirate Award  
2019: Nominated for the ECU Talton Leadership Award
- 2019: Nominated for Centennial Award for Excellence in Leadership and Service, East Carolina University.
- 2019: Nominated for Distinguished Graduate Faculty Mentor Awards.
- 2010: East Carolina Treasured Pirate Award
- 2004: Merit Raise given by the Jones County Board of Commissioners in honor of successfully writing and receiving numerous grant awards, expanding the delivery of public health and medical services to the citizens of Jones County without additional cost to the county. Jones County Board of Commissioners.
- 2004: Grant award made in my name to Craven Regional Medical Center Foundation by Jenkins Gas Company CEO in the amount of \$5000.00 in recognition of my health improvement effort in Jones County. Funds in 2004 were earmarked to help fund a second school nurse position for Jones County Health Department.

**Honor:**

- 2020: Letter of recognition by Department Chair for leading inaugural accreditation of DrPH HPAL degree achieved in collaboration with concentration faculty.
- 2018: Recognition by Department Chair of Having Instrumental Role in Craig Souza First Department Endowed Scholarship \$100,000 for students focusing in Long Term Care.
- 2017: ECU Health Sciences Author Recognition Award
- 2016: Selected by the MPH student organization (PHO) to serve as their faculty mentor on the Health Sciences Interprofessional Leadership Council
- 2015: New recruitment of civilian/military at Camp Lejeune for enrollment in MPH Foundations Certificate and MPH degree.
- 2008: Promoted to Vice Chair of Operations/Director of Community Initiatives/Clinical Assistant Professor for excellence in developing Community partnerships and success in developing grant projects for our rural Counties. Department of Public Health, Brody School of Medicine, East Carolina University.
- 2007: Promoted to Deputy Director of MPH Program for excellence in developing Community partnerships and success in developing grant projects for our rural Counties. Master of Public Health Program, Brody School of Medicine, East Carolina University.
- 2006: Established Interdisciplinary Long- Term Care Training Continuum. Master of Public Health Program with EAHEC, BSOM Family Medicine, and College of Nursing & Allied Health. Master of Public Health Program.

**Acknowledgements:**

2021: Led the department from provisional accreditation to Compliance while interim chair.

**PROFESSIONAL INTERESTS:**

Public health leadership & workforce development, Aging, Health Literacy, Substance abuse, chronic disease, minority health.

**GRANTS: CURRENT & PAST:**

- 2025: Hu, Xin-Hua (PI), Little, R. (co-PI), Zhen, Zhu (co-PI). Quantifying cardiometabolic risks by AI based assay of photoplethysmogram data. Submitted: National Institute of Health (\$548,412).
- 2025: Hu, Xin-Hua (PI), Little, R. (co-PI), Zhen, Zhu (co-PI). Noninvasive assessment of cardiometabolic risks by a novel PPG method. Submitted: North Carolina Biotechnology Center (\$37,450).
- 2021-2024: Little, N.R. PICORI subaward Dartmouth 2023-2024: A Randomized Control Trial to Promote Vaccine Confidence Among Long Term Care Workers (\$173,148).

- 2022-2024: PI Keene, K., co-I: Lazorick, Peralta, A., S., Wallen, M., Richards, collaborators: S., Martin, M. Hall, R. Little, J. Stiller, E. Ables, E. Anderson, D. Graham, K. Verbanac. Glaxo Smith Kline Foundation (\$995,000). Eastern NC Diversity in Rural Public Health Initiative.
- 2020: Little, N. R. G., PI: SAMSHA subaward via NC Office of Prevention to awardee, Community Prevention Services 2020-2023: Annual Program Evaluation (\$40,000 total; \$10,000/yr).
- 2019: Little, N. R., PI: “Harold H. Bate Public Health Scholars” (\$100,000) funded at \$25,000 yr/4 years through (2019-2023).
- 2018: Little, N.R. PI & Bell, R., co-PI. HRSA 18-116: “Rural Eastern North Carolina Public Health Opioid Response Planning” (\$200,000) Not funded.
- 2018: Wesley Theological Seminary Fellowship for Health Ministry Course: \$500 tuition paid by North Carolina Methodist Diocese and Wesley Theological Seminary.
- 2017: Little, N.R., PI & Greer, A. co-PI. Coastal Coalition for Substance Abuse Prevention Program Evaluation (\$6,500).
- 2016: Little, N.R. PI & Greer, A. co-PI. Coastal Coalition for Substance Abuse Prevention Program Evaluation (\$5,500).
- 2015: Little, N.R. PI, Greer A., co-investigator & Mwachofi, A., co-investigator. Coastal Coalition for Substance Abuse Prevention Program Evaluation (\$5,500).
- 2015: Little, N.R. (PI) Vidant Medical Foundation: Food Literacy Partners Program (\$15,000).
- 2012-2015 Little, N. R.(PI), Community Health Coach Integration (\$120,165.00), Access East, KBR sub-award.
- 2015: Mwachofi, A(PI), Little, N.R., co-investigator. R01 HD090095-01- titled “Determinants of health status, healthcare access, and costs for pregnant women with ambulatory and intellectual disabilities. (Not funded).
- 2014: Little, N.R. (PI) Coastal Coalition for Substance Abuse Prevention (\$60,071), SAMSHA sub-contract.
- 2014: Little, N. R. (PI) ECU Public Health Scholarships (\$40,000), Harold H. Bate Foundation.
- 2013: Little, N.R. (PI) Coastal Coalition for Substance Abuse Prevention (\$52,000), SAMSHA sub-contract.
- 2013: Little, N.R.,(PI) Vidant Medical Foundation (\$21,500) Food Literacy Partners Program.
- 2012: Little, N. R., (PI) Faith Based Approach to Improving Community Health Status & Consultation (\$12,000.00), Jones County Health Department.
- 2010-2012 Little, N. R.,(PI), Health & Wellness Trust Fund,( \$275,000) Faith-Based Approach to Improving Community Health Status: Employment of a Uniform Training Curriculum with Linkages to Medical Providers.
- 2010 -2012 Little, N. R. & Novick, L. (co-PI) , Faith Based Approach to Improving Community Health Status: Employment of a Uniform Training Curriculum: Connecting Communities to Medical Care (\$330,000.00), Kate B Reynolds Charitable Trust, Co- Principle Investigator.
- 2012: Little, N. R., (PI) Food Literacy Partners Program (\$23,000.00), Vidant Medical Foundation.

- 2011: Little, N. R., Hyde County Health Department (\$3,000) Training Contract.
- 2011: Little, N. R., Public Health Partnership Training Healthy Carolinian Coordinators & Public Health Leadership (\$18,800.00), Jones County Health Department.
- 2011: Little, N. R.,(PI) Food Literacy Partners Program (\$18,000.00), PCMH Foundation.
- 2010: Little, N. R.,(PI) Food Literacy Partners Program (\$12,000.00), PCMH Foundation.
- 2010: Little, N. R., (PI) Faith Based Approach to Improving Community Health Status (\$15,000.00), Jones County Health Department.
- 2009-2013: Little, N. R. , Long Term Care Education and Training Continuum, Multidisciplinary Approach (\$710,484.00), James B Duke Endowment, Co-Principle Investigator .
- 2009-2010: Cascio, W., Investigation of Racial Disparities in Cardiovascular
- Disease (\$238,755.00) Centers for Disease Control and Prevention (CDC). Little, N.R. Co-investigator.
- 2009: Little, N. R.,(PI) Food Literacy Partners Program (\$15,000.00), PCMH Foundation.
- 2009: Little, N. R., (PI) Faith Based Approach to Improving Community Health Status (\$15,000.00), Jones County Health Department.
- 2008: Little, N. R., (PI) Harold Bate Public Health Scholars (\$18,000.00), Harold Bate Foundation.
- 2006: Pitzallis, V., Brody Brothers Cardiovascular Disease Hub and Spoke Model (\$40,000.00), Brody Foundation, Co-Investigator.
- 2007: Little, N. R., My Body is a Temple Phase II and I Heartworks and Jones County (\$181,000.00), Duke Endowment (wrote grant for paid consultation).
- 2007: Little, N. R., MIRACLE: Managing Insulin Resistance, A Changing Life Experience (\$135,000.00), Office of Minority Health (wrote grant for paid consultation).
- 2006: Little, N. R., Professional Counselors for Jones County Schools (\$64,673.00), North Carolina Juvenile Crime Prevention Center .
- 2006: Little, N. R., Jones and Carteret Counties Migrant Outreach Coordinator (\$49,990.00), Office of Rural Health.
- 2006: Little, N. R., My Body is a Temple Phase I (\$21,117.00), Harold Bate Foundation.
- 2005: Little, N. R., Grace Primary Care/Extended Hours Clinic (\$11,000.00), Office of Rural Health.
- 2005: Little, N. R., Jones County School Based Professional Counseling (\$53,894.00), North Carolina Juvenile Crime Prevention Council.
- 2005: Little, N. R., Jones and Carteret Counties Migrant Outreach Coordinator (\$50,008.00), Office of Rural Health.
- 2005: Little, N. R., Grace Primary Care/Extended Hours Clinic (\$6,300.00), Office of Rural Health.

- 2005: Little, N. R., Jones County School Nurse Program (\$49,315.00), NC Division of Public Health.
- 2004: Little, N. R., Jones County HIV Prevention Social Worker (\$105,000.00), HIV/STD Prevention Branch.
- 2004: Little, N. R., Jones County Tobacco Free School Program (\$3,492.00), Health, and Wellness Trust Fund.
- 2004: Little, N. R., My Body is a Temple Jones County School Health Educator (\$74,707.00), Duke Endowment.
- 2004: Little, N. R., My Body is a Temple Jones County School Health Educator (\$17,500.00), Bates Foundation.
- 2004: Little, N. R., Jones County School Based Professional Counseling (\$53,302.00), North Carolina Juvenile Crime Prevention Council.
- 2004: Little, N. R., Initial Funding for School Health Education Program in Jones County (\$10,317.00), Craven Hospital Foundation.
- 2003: Little, N. R., Grace Primary Care/Extended Care Hours Clinic (\$340,975.00), Kate B. Reynolds Foundation.
- 2003: Little, N. R., School Health Education Project (\$1,300.00), Craven Hospital Foundation.
- 2003: Little, N. R., Healthy Carolinians (\$35,000.00), Kate B Reynolds Foundation.
- 2001: Little, N. R., Jones County Healthy Carolinians (\$15,000.00), Healthy Carolinians. 2000: Little, N. R., Establishment of a Jones County Healthy Carolinians Coalition (\$10,000.00), Healthy Carolinians.
- 2000: Little, N. R., Jones County Maternity Care Coordination (\$3,750.00), Division of Public Health.

## **Consultation**

- 2006-2012: Jones County Health Department, Paid Consultation 2006-2008: HeartWorks Non-Profit, Paid Consultation
- 2008: North Carolina Boards of Health Training, Union County Local Board of Health Training
- 2008: North Carolina Boards of Health Training, Wayne County Local Board of Health Training
- 2008: North Carolina Boards of Health Training, Montgomery County Local Board of Health Training
- 2008: North Carolina Boards of Health Training, Halifax and Wayne Counties Local Board of Health Training
- 2008: North Carolina Board of Health Training, AREA L AHEC Counties Local Board of Health Training
- 2008: North Carolina Board of Health Training, Stokes County Local Board of Health Training
- 2007: North Carolina Boards of Health Training, Catawba and Lincoln Counties Board of Health Training
- 2007: North Carolina Boards of Health Training, Rutherford, Polk and McDowell Counties Board of Health Training
- 2007: North Carolina Boards of Health Training, Henderson, Haywood and Transylvania Counties Board of Health Training

- 2007: Board of Directors for the Association of North Carolina Boards of Health, North Carolina Board of Health Training Update
- 2007: North Carolina Board of Health Training, Duplin and Pender Counties Board of Health Training
- 2007: North Carolina Boards of Health Training, Chatham, Lee, Harnett and Moore Counties Local Board of Health Training

## **INNOVATION NEW DOCTORAL DEGREE:**

- 2020: Led CEPH inaugural accreditation for the DrPH HPAL concentration in collaboration with colleagues. CEPH awarded accreditation for full 7 years
- 2019: Led revisions to competency mapping for doctoral courses (DrPH HPAL) with colleagues.
- 2019: Developed the DrPH HPAL Program Policy Manual for the new DrPH HPAL degree in collaboration with colleagues.
- 2014-2017: Doctorate of Public Health in Health Policy, Administration & Leadership. Team member working on Appendix A & C. DrPH Degree approved May 24, 2017.

## **New Doctor of Public Health Courses—Conventional/Online**

2016 –DrPH in Health Policy Administration. Developed new courses:

- PUBH 8240: Human Resources Management & Leadership
- PUBH 8571: Public Health & Aging
- PUBH 8684: Public Health Field Practicum
- PUBH 8680: Public Health Disaster Preparedness & Response

## **TEACHING:**

### **Faculty Mentor:**

- 2023-2024: Faculty Mentor to Helene Edwards, DrPH HPAL student teaching APE courses, MPH 6903, 6904 and 6905.
- 2022-2023: Faculty Mentor to Dr. Constance Foushee, new fixed term faculty teaching MPH 6000.
- 2016-2018: Faculty mentor to new fixed term faculty: Corey Davis, Paul Barry and Ron Gaskins and to department chair, Dr. Ronny Bell.

## **Course Director:**

### **Spring 2025**

- 2025-MPH 7010, Human Resources Management & Leadership (3hr); 17 students
- 2025-MPH 6903, Comprehensive Field Placement (3 hr); 1 student
- 2025-PUBH 8240, Human Resources Management (3 hr); 5 students
- 2025-MPH 6991, Professional Paper 1 (2hr); 1 student
- 2025-PUBH 9000, Dissertation (3 hr); 2 students

### **Fall 2024**

- 2024-MPH 6905, Applied Field Placement (2 hr); 2 students
- 2024-MPH 6992, Professional Paper II (1 hr); 1 student
- 2024-MPH 6903, Comprehensive Field Placement; 1 student
- 2024-PUBH 9000, Dissertation (3 hr); 2 students
- 2024-PUBH 8571, Public Health & Aging, (3 hrs); 3 students

### **Summer 2024**

- 2024-MPH 6040, Long Term Care Administration (3hr); 22 students 2024-MPH 6991, Professional Paper 1 (2hr); 1 student
- 2024 MPH 6905, Applied Field Placement (2hr); 4 students
- 2024 MPH 6904, Introduction to Field Placement (1 hr); 8 students
- PUBH 9000, Dissertation (3hr); 1 student

### **Spring 2024**

- 2024-MPH 7010, Human Resources Management & Leadership (3hr); 22 students
- 2024-MPH 6904, Introduction to Field Placement (1 hr); 3 students 2024-PUBH 8684, Doctoral Practicum (5hr), 2 student
- 2024-PUBH 9000, Dissertation (3hr), 3 students (1 chair, 2 committee)
- 2024-PUBH 8240, Human Resources Management (3 hr), 1 student
- 2024-MPH 6992, Professional Paper 2, (1hr), 3 students

### **Fall 2023**

- 2023-MPH 6000, Public Health Practice Administration (3 hr), 39 students
- 2023-MPH 6991, Professional Paper 1, (2 hr), 3 students
- 2023-MPH 6992, Professional Paper 2 (1 hr), 2 students
- 2023-PUBH 8684, Doctoral Practicum, (5 hr), 2 students
- 2023-PUBH 8571, Public Health & Aging (3 hr), 8 students
- 2023-PUBH 9000, Dissertation Committee (3 hr), 1 student

### **Summer 2023**

- 2023-MPH 6000, Public Health Practice Administration (3 hr), 13 students
- 2023-MPH 6040, Long Term Care Administration (3 hr), 12 students



- 2023-MPH 6905, Applied Practicum Experience (2 hr), 1 student
- 2023-MPH 6991, Propaper (2 hr), 2 students
- 2023-PUBH 8684, Doctoral Practicum, (5 hr), 1 student

### **Spring 2023**

- 2023-MPH 6000, Public Health Practice Administration (3 hr), 24 students
- 2023-MPH 6903, Comprehensive Field Placement (3 hr), 2 students
- 2023-MPH 7010, Human Resources Management & Leadership (3 hr), 13 students
- 2023-PUBH 8240, Human Resources Administration & Leadership (3 hr), 4 students
- 2023-MPH 6904, Introduction to Field Placement (1 hr), 1 student
- 2023-MPH 6905, Applied Field Placement (2 hr), 3 students
- 2023-MPH 6992, Professional Paper (1 hr), 1 student

### **Fall 2022**

- PUBH 8571, Public Health & Aging (3 hr), 4 students
- MPH 6052, Independent Study (3 hr), 1 student
- MPH 6904, Introduction to Field Placement (1 hr), 1 student
- MPH 6905, Applied Field Placement (2hr), 8 students
- MPH 6991, Professional Paper, (2 hr), 1 student

### **Summer 2022**

- MPH 6040, Long Term Care Administration (3 hr), 9 students
- MPH 6903, Comprehensive Field Placement (3 hr), 1 student
- MPH 6904, Introduction to Field Placement (1 hr), 6 students
- MPH 6905, Applied Field Placement (2 hr), 3 students
- MPH 6992, Professional Paper (1 hr), 1 student

### **Spring 2022**

- 2022- PUBH 8240, Human Resources Management & Leadership (3 hr course) 6 students
- 2022-MPH 7010, Human Resources Management & Leadership (3 hr course) 20 students
- 2022-MPH 6992, Professional Paper 2 (1 hr course) 4 students
- 2022-MPH 6991, Professional Paper 1 (2 hr course) 1 student
- 2022-MPH 6903, Comprehensive Field Placement (3 hr course) 3 students
- 2022-MPH 6904, Introduction to Field Placement (1 hr course) 4 students
- 2022-MPH 6035, Interdisciplinary Rural Health (3 hr course) provided 2 weeks of course content including guest lecture with Battle Betts.

### **Fall 2021**

- 2022-PUBH 8684, DrPH Field Practicum (5 hr course) 1 student
- 2022-MPH 6905, Applied Field Practicum (2 hr course) 3 students
- 2022-MPH 6903, Comprehensive Field Placement (3 hr course) 5 students
- 2022-MPH 6991, Professional Paper 1 (2 hr course) 4 students

## **Summer 2021**

- 2021-MPH 6040, Long Term Care Administration (3 hr course) 15 students
- 2021-MPH 6904, Introduction to Field Placement (1 hr course) 2 students
- 2021-MPH 6905, Applied Field Placement (2 hr course) 6 student
- 2021-MPH 6903, Comprehensive Field Placement (3 hr course) 1students

## **Spring 2021**

- 2021-PUBH 8680, Public Health Disaster Preparedness (3 hr course)
- 2021-MPH 6904, Introduction to Field Placement (1 hr course)
- 2021-MPH 6905, Applied Field Placement (2 hr course)
- 2021-MPH 6903, Comprehensive Field Placement (3 hr course)
- 2021-MPH 6992, Professional Paper (1 hr course)

## **Fall 2020:**

- 2020-PUBH 8751, Public Health & Aging (3 hr course) 4 students
- 2020-MPH 6992, Professional Paper (1 hr course) 2 students
- 2020-MPH 6991, Professional Paper (2 hr course) 1 students
- 2020-MPH 6905, Applied Field Placement (2 hr course) 2 students
- 2020-MPH 6903, Comprehensive Field Placement (3 hr course) 3 students

## **Summer 2020:**

- 2020-MPH 6040, Long Term Care Administration (3 hr course) 10
- 2020-MPH 6991, Professional Paper (2 hr course) 1 student
- 2020-MPH 6904, Introduction to Field Placement (1 hr course) 2 students
- 2020-MPH 6905, Applied Field Placement (2 hr course) 3 students

## **Spring 2020:**

- 2020-MPH 6991, Professional Paper (2 hr course) 1 student
- 2020-MPH 6992, Professional Paper (1 hr course) 6 students
- 2020-MPH 6904, Introduction to Field Placement (1 hr course) 3 students
- 2020-MPH 6905, Applied Field Placement (2 hr course) 3 students
- 2020-MPH 6903, Comprehensive Field Placement (3 hr course) 3 students
- 2020-MPH 6050, Independent Study Course (1 hour course) 1 student

## **Fall 2019:**

- 2019-MPH 6000, Public Health Management & Practice (3 hr course) 13 students
- 2019-MPH 6991 Professional Paper 1 (2 hr course) 6 students
- 2019-MPH 6992 Professional Paper 2 (1 hr course) 2 students
- 2019-MPH 6905, Applied Field Placement (2hr course) 3 students
- 2019-MPH-6903, Comprehensive Field Placement (3 hr course) 2 students
- 2019-MPH 6904, Introduction to Field Placement (1 hr course) 2 students

**Summer 2019:**

- 2019-MPH 6052: Special Topics (3 hr course), 1 student.
- 2019- MPH 6991, Professional Paper 1 (2 hr course), 1 student
- 2019-MPH 6992, Professional Paper 2 (1 hr course), 1 student
- 2019-MPH 6905, Applied Field Placement (2 hr course), 1 student

**Spring 2019:**

- 2019-PUBH 8240, Human Resources Management (3 hr doctoral course), 5 students
- 2019-MPH 6992, Professional Paper (1hour course), 3 students.
- 2019-MPH 6904, Introduction to Internship (1 hr course), 5 students
- 2019-MPH 6905, Applied Field Placement (2 hr course), 2 students

**Fall 2018:**

- 2018-MPH 6000, Public Health Management & Practice (3 hr course) 26 students
- 2018-MPH 6991 Professional Paper 1 (2 hr course) 1 students
- 2018-MPH 6992 Professional Paper 2 (1 hr course) 2 students

**Summer 2018:**

- 2018-MPH 6991 Professional Paper 1 (2 hr course) 2 students
- 2018-MPH 6992 Professional Paper 2 (1 hr course) 3 students

**Spring 2018:**

- 2018-MPH 6904, Introduction to Field Placement (1hr course) 33 students
- 2018-MPH 6905, Applied Field Placement (2hr course) 4 students
- 2018-6903, Comprehensive Field Placement (3 hr course) 3 students
- 2018-6991, Professional Paper 1 (2 hr course) 2 students
- 2018-6992 , Professional Paper 2 (1 hr course) 3 students

**Fall 2017:**

- 2017-MPH 6000, Public Health Management & Practice (3 hr course) 25 students
- 2017-MPH 6035, Rural Health (team taught course) (3 hours/3 instructors) 20 students
- 2017-MPH 6904, Introduction to Field Placement (1hr course) 2students
- 2017-MPH 6905, Applied Field Placement (2hr course) 5 students
- 2017-6903, Comprehensive Field Placement (3 hr course) 3 students
- 2017-6991Professional Paper 1 (2 hr course)5 students
- 2017-6992 Professional Paper 2 (1 hr course) 1 students

**Summer 2017:**

- 2017-MPH 6040, Long Term Care Administration (3 hr course) 11 students
- 2018-MPH 6904, Introduction to Field Placement (1hr course) 1 students
- 2018-MPH 6905, Applied Field Placement (2hr course) 27 students
- 2018-6903, Comprehensive Field Placement (3 hr course) 4 students

**Spring 2017:**

- 2017-MPH 7010, Human Resources Management & Leadership (3 hr course) 25 students
- 2017-MPH 6904, Introduction to Field Placement (1hr course) 31 students
- 2017-MPH 6905, Applied Field Placement (2hr course) 3 students
- 2017-6991 Professional Paper 1 (2 hr course) 3 students
- 2017-6992 Professional Paper 2 (1 hr course) 8 students

**Fall 2016:**

- 2016-MPH 6000-001, Public Health Management & Practice (3 hr course) 41 students
- 2016-MPH 6000-002, Public Health Management & Practice ( 3 hr course) 2 students
- 2016-MPH 6904, Introduction to Field Placement (1hr course) 3 students
- 2016-MPH 6905, Applied Field Placement (2hr course) 1 students
- 2016-MPH 6903, Comprehensive Field Placement (3 hr course) 5 students
- 2016-MPH 6991 Professional Paper 1 (2 hr course) 9 students
- 2016-MPH 6992 Professional Paper 2 (1 hr course) 3 students
- 2016-MPH 7031 Independent Study (3 hr course) 1 student

**Summer 2016:**

- 2016-MPH 6991 Professional Paper 1( 2 hr course) 3 students
- 2016-MPH 6992 Professional Paper 2(1hr course) 1 student
- 2016-MPH 6904, Introduction to Field Placement (1hr course) 1 students
- 2016-MPH 6905, Applied Field Placement (2hr course) 35 students
- 2016-MPH 6903, Comprehensive Field Placement (3 hr course) 2 students
- 2016-MPH 6040, Long Term Care Administration (3hr course) 18 students

**Spring 2016:**

- 2016-MPH 7010, Human Resources Management & Leadership (3 hr course) 17 students
- 2016-MPH 6904, Introduction to Field Placement (1hr course) 37 students
- 2016-MPH 6905, Applied Field Placement (2hr course) 3 students
- 2016-MPH 6903, Comprehensive Field Placement (3 hr course) 2 students
- 2016-MPH 6992 Professional Paper 2 (1 hr course) 2 students

**Fall 2015:**

- 2015-MPH 6000-001, Public Health Management & Practice (3 hr course) 37 students
- 2015-MPH 6000-002, Public Health Management & Practice ( 3 hr course) 16 students
- 2015-MPH 6904, Introduction to Field Placement (1hr course) 5 students

- 2015-MPH 6905, Applied Field Placement (2hr course) 6 students
- 2015-MPH 6991 Professional Paper 1 (2 hr course) 3 students
- 2015-MPH 6992 Professional Paper 2 (1 hr course) 1 students

#### **Summer 2015:**

- 2015-MPH 6905-602, Applied Field Placement (2 hr course) 1 student
- 2015-MPH 6905-602, Applied Field Placement (2 hr course) 19 students
- 2015-MPH 6904, Introduction to Internship (1 hr course) 5 students
- 2015-MPH 6991 Professional Paper 1 (2 hr course) 1 students
- 2015-MPH 6992 Professional Paper 2 (1 hr course) 2 students

#### **Spring 2015:**

- 2016-MPH 6040 Long Term Care Administration (3 hr course) 5 students
- 2016-MPH 6904, Introduction to Field Placement (1hr course) 23 students
- 2016-MPH 6905, Applied Field Placement (2hr course) 6 students
- 2016-MPH 6903, Comprehensive Field Placement (3 hr course) 2 students
- 2016-MPH 6992 Professional Paper 2 (1 hr course) 2 students

#### **Fall 2014:**

- 2014-MPH 6000-001, Public Health Management & Practice (3 hr course) 28 students
- 2014-MPH 6904, Introduction to Field Placement (1hr course) 5 students
- 2014-MPH 6905, Applied Field Placement (2hr course) 2 student
- 2014-MPH 6903, Comprehensive Field Placement (3 hr course) 2 student

#### **Summer 2014:**

- 2014-MPH 6052, Independent Study (3 hr course), 1 student
- 2014-MPH 6903, Public Health Comprehensive Field Placement (3 hr course), 3 students
- 2014-MPH 6905, Applied Field Placement (2 hr course), 26 students

#### **Spring 2014:**

- 2014-MPH 6903, Comprehensive Field Placement (3 hr course) 5 students
- 2014-MPH 6904, Introduction to Field Placement (1 hr course) 29 students
- 2014-MPH 6905, Applied Field Placement (2 hr course), 5 students

#### **Fall 2005-2013:**

- Fixed Term Faculty teaching all the field placement and long-term care administration courses in the MPH. Developed the field placement courses.
- 2012 - MPH 6052 Clinical Topics in Long-Term Care (Co-Instructor with Ken Steinweg)
- 2012 - MPH 6040 Long Term Care Administration
- 2011 - MPH 6040 Long Term Care Administration
- 2011 - MPH 6903, 6904, 6905 Public Health Internship
- 2011 - MPH 6052 Clinical Topics in Long-Term Care (Co-Instructor with Ken Steinweg)

- 2010 - MPH 6903, 6904, 6905 Public Health Internship
- 2010 - MPH 6992 Professional Paper II
- 2010 - MPH 6040 Long Term Care Administration
- 2009 - MPH 6903 Public Health Internship
- 2008 - MPH 6903 Public Health Internship
- 2007 - MPH 6903 Public Health Internship
- 2006 - MPH 6903 Public Health Internship
- 2005 - MPH 6903 Public Health Internship
- 2005 - MPH 6001: Health and Aging

### **Master of Public Health Course (New) - Creation/Delivery: Conventional**

- 2024-MPH 6042 MPH Public Health Administration developed ½ of new course.
- 2022-Developed new course MPH 6250 Aging Health Equity &Policy Analysis approved by GCC March 2022.
- 2015 – Certificate in Long Term Care Administration (in process)
- 2015- MPH 7010 Developed all course materials for this new course
- 2014- MPH 6000 Developed all course materials
- 2011 - MPH 6040 Long Term Care Administration
- 2010 - Integrated electronic virtual portfolio into MPH 6903
- 2010 - Developed two (2) new courses: MPH 6904 Introduction to Field Placement and MPH 6905 Applied Field Placement Course
- 2006 - Fundamentals of Public Health Leadership taught as independent study developing into new course

### **Doctor of Public Health Course (New) - Creation/Delivery: Online**

- 2020-PUBH 8571 DrPH new course Public Health & Aging
- 2019-PUBH 8240 DrPH new course Human Resources Administration
- 2016- MPH 7010 (created online delivery for this new course)
- 2015 – MPH 6000 Public Health Practice (created online section Fall 2015-first time for this course)
- 2009 - MPH 6040 Long Term Care Administration. (First MPH course utilizing Centra (SABA) technology)

### **Student Assign-Independent Studies**

- 2007 - 1 student. Independent Study Advisor, Robin Tutor; Migrant Health Issues
- 2007 - 1 student. Advisor for Farina Mostaghimi; Increasing Awareness of Oral Health and Diabetes in Minority Populations

### **Innovations in Academic Scholarship/Creativity**

- 2022-2021- Created 2 videos in collaboration with donor (J. Craig Souza), ECU Health Sciences Foundation, MPH students, MPH alumni and ECUMedia to promote long term care focus in MPH HPAL concentration  
<https://www.youtube.com/watch?v=Q4YO2MFX5Gs>.  
 Second video with introduction and conclusion as well as previous content recorded April 2022.  
<https://youtu.be/FsWAioBNdGI>
- 2019 – Establishing Aging Section to NCPHA in collaboration with local health directors. March 21, 2019 received unanimous approval from the North Carolina Public Health Director’s Association to start new Aging Section.

- 2010 - MPH 6040 Long Term Care Administration. (First MPH course utilizing Centra technology)
- 2008- Developed Long Term Care Administration Focus in the now Health Policy Administration & Leadership Concentration
- 2006 - Integrating Population Health Intro M1 and M3 Curriculum

### **Guest Lectures:**

- 2011 - Guest lecturer: MPH 6025 Delivery of Health Care Services
- 2011 - Guest Lecturer, MPH 6035 Rural Health
- 2011 - Guest Lecture on health literacy and engaging communities to Doctor of Physical Therapy students.
- 2010 - Guest Lecturer, delivered two separate lectures to Doctor of Physical Therapy Students on Health Literacy
- 2009 - Guest Lecturer, MPH 6035 Interdisciplinary Rural Health 2009 - Guest Lecturer, Health Services Management
- 2008 - Guest lecturer: MPH 6035, Interdisciplinary Rural Health 2007 - Guest Lecturer: MPH Rural Health
- 2007 - Guest Lecturer: Public Health Practice MPH 6000/60002 2006 - Guest Lecturer: MPH 6000/60002 Public Health Practice 2005 - Guest Lecturer: MPH Rural Health

### **DOCTORAL DISSERTATION COMMITTEE:**

- Wynn, Jaelyn, (2025) Exploring the Relationship Between Health Insurance Literacy and Health Equity Among College Students: A Pilot Study. Role: Chair
- Wanous, Christine (2024) Staying on the Team: Mentorship Characteristics and Public Health Nurse Retention. Role: member
- Jones, Quinette (2024) Assessing the Current status of and developing best practices in the delivery of sexual and gender minority content in pa education: a mixed methods approach. Role: member.
- Stancil, Missy (2023) Improving mental well-being through culture-specific outdoor learning: A mixed methods study. Role: member.
- Firnhaber, Gina (2016-2017) Nursing staff participation in end of life nutrition and hydration decision making processes in a rural nursing home. College of Nursing PhD student. Role: member.

### **Brody School of Medicine Summer Scholars Medical Research Day:**

Bryant, Jasmine, Little, N.R. and Fowler, Philisa (August 6, 2016). Perception of Age as an Indicator of Compliance in Purchasing Alcohol.

## **MPH STUDENT PROFESSIONAL PAPER CHAIR:**

- McBride, Donyetta., Little, R. (2024) Systematic Review of HIV Treatment Programs in US Rural Communities
- Smith, T., Little, R. (2024) Impact of salary and wage on US hospital staff retention: A systematized Review
- Urquhart, T., Little, R. (2024) A Systematized Review of Culturally Competent Diabetes
- Education and the Accessibility of this Information for Spanish-Speaking Individuals in the United States
- Rios, R., Little, R. (2024) The Impact of Hospital leadership's Commitment to Health Equity Strategies on Access to Care for Underserved Population in the US: A Systematized Review
- Barnhill, C., Little, R (2023).: Implementing a Post Overdose Response Team: A North Carolina Local Leadership Response
- Roland, E., Little, R. (2023): Contributing Factors Impacting End-of-Life Care Utilization for African Americans: A Systematized Review of the Literature
- Peacock, L., Little, R. (2023) Comparing Quality of Care in For-Profit and Not-For-Profit Nursing Homes in the United States: A Systematized Review.
- Judge, B., Little, R. (2022) Perceptions and Influences on Vaping in Rural Age Young Adults.
- Campbell, S., Little, R. (2022) Factors contributing to nursing assistant staff shortages within skilled nursing facilities, a systematized review.
- Campbell, M., Little, R. (2022) Does physical activity affect the behavior/mood of dementia residents residing in skilled nursing facilities within the United States, A systematized review 2008-2021
- Williams, B., Little, R. (2022) Effect of animal Therapy Resident's Mental Health in Nursing Homes in the United States, A Systematized Review
- McIntyre, H., Little, R. (2022) Interconnection of nurse job satisfaction and quality of patient care measures, a systematized review of United States hospital nurses
- Collins, S., Glynn, K. & Little, NR Gaskins (2020) Parental Perceptions and Use of E- Cigarettes Among Adolescent Youth in Rural Eastern North Carolina.
- Boseman, Victoria (2020) Assessing the Use of Automated Messaging to Promote Proper Disposal of Prescription Drugs into Local Drop Boxes by Pharmacies, A Systematized Review.
- Hart, Kayla (2020) Association between depression and suicide ideation among rural community dwelling older adults: a systematized review
- Ochoa, Akanksha (2020) A Systematized Review of UTI Management Protocol for Long-Term Care Residents.
- Best, Jessica (2020) Physical Effects of Exercise Intervention on Maintaining Functional Independence in Community Dwelling Older Adults: A Systematized Review.



- Baird, Sarah (2020) Factors and Barriers Facilitating Geriatric Individuals' Decision to Transition from Home to a Continuing Care Retirement Community (CCRC), a comparison between a rural southeastern county and Pitt County North Carolina.
- Ochoa Hernandez, Gabbie (2020) Music Therapy and Its Influence on Agitation Behaviors Among Dementia Residents in Skilled Nursing Facilities: A Systematized Review.
- Pritchard, Allyson (2019) Supply Chain Management and Impacts on Costs and Quality of Care in Healthcare: A Systematic Review 2001-2017.
- Schreckengaust, C., Imai, S., Bell, R. & Gaskins Little, NR. (2019) A Retrospective Examination of Adherence to a Multidisciplinary Weight Loss and Exercise Program for Active Duty Navy Sailors Failing to Meet Physical Fitness Assessment Standards from January through December 2018
- Locklear, Gavin (2019) Factors and barriers facilitating geriatric individuals' decision to transition from home to a continuing care retirement community (CCRC) in a rural southeastern county.
- Willis, Tia (2019) Perception of Health and Wellbeing Among Adolescent High-Risk Youth in Pitt County, NC.
- Brock, Eva Joy (2018) Rural Local Health Department Accreditation North Carolina: A Case Study.
- Field, Paige (2018) A descriptive study of the diabetic patient characteristics at a rural free clinic in eastern North Carolina.
- Glawson, Jane (2018) Assessing the oral health knowledge and practices of certified nursing assistants and licensed nursing staff in a single rural skilled nursing facility.
- Locklear, Austin (2018) A Descriptive Study of Rural and Urban Substance Prevention and Treatment Services in a Group of Eastern North Carolina Counties.
- Locklear, Gavin (2018) Factors and barriers facilitating geriatric individuals' decision to transition from home to a continuing care retirement community (CCRC) in a rural southeastern county.
- Wong, Jane (2018) Med-Ped Residents Knowledge, Attitudes, and Beliefs in the Treatment of Youth with Special Healthcare Needs (YSHCN), 2016-2017.
- Collins, Casey (2017). An Investigation of Acute Myocardial Infarction Process Outcomes Between North Carolina's Rural and Urban Hospitals.
- Joseph, Brittany (2017). Assessing the Effect of In Utero Exposure to Methadone and/or Buprenorphine to Newborns: 2010 through 2017.
- Andrews, Brittany (2017). Associations Between National Quality Award Program Recipients and CMS Nursing Home Compare.
- Kaur, Sonia (2017). A Descriptive Study of Non-Profit Licensed Nursing Home Administrators in North Carolina.
- Land, Julia (2017). Nursing Home Survey Deficiency Patterns Among North Carolina Rural and Urban Counties.
- Reid, Kimberly (2017). A Pilot Study Assessing Dietary Beliefs & Behaviors in Parents and Adolescents with Autism Spectrum Disorder.

- Saner, Leigh (2017). Assessing the Public Health & Law enforcement's perceptions of the prevalence of prescription pain medications and their etiology in a multi-county area in eastern North Carolina.
- Savoca, Blair (2017). Condom Use or Misuse in Relationship to Mobile Dating Applications: A baseline study among college students at East Carolina University.
- Turner, Robyn (2017). Reducing Central-Line Associated Blood Stream Infections (CLABSI) Using a Failure Mode and Effects Analysis (FMEA).
- Foster, Shalom (2016). Prescription Medication Diversion Among Adolescents: A Systematic Literature Review.
- Goldberg, Alana (2016). What are the Knowledge and Attitudes of Med-Ped Residents in the Treatment of Young Adults with Special Healthcare Needs?
- Terkeltoub, Abigail (2016). Racial and Gender Disparities within the use of Palliative Care Services: Evidence from Rural North Carolina.
- White, Nicholas (2016) Assessing Practicum Requirements of CEPH Accredited Graduate Programs of Public Health.
- Comella, Ashley (2015) A Systematic Review of Food Label Comprehension and the Impact on Dietary Choices in Minority Populations in Rural America.
- Stockett, Paul (2015) Systematic Review to Determine Policies, Laws and Methods for Ensuring Safe Disposal of Prescription Medication in the United States.
- Welsh, Polly (2015) Adaptive Technology Innovation in Skilled Nursing Facilities.

## **ACADEMIC ADVISEES:**

### **Doctor of Public Health Policy Administration & Leadership**

#### **Advisees:**

- 2018: Spring-2
- 2018: Fall-2
- 2019: Spring-3
- 2019: Fall-5
- 2020: Spring-5
- 2020: Fall-5
- 2021: Spring-6
- 2021: Fall -7
- 2022: Spring-7
- 2022: Fall-6
- 2023: Spring-6
- 2023: Fall-9
- 2024: Spring-8

## **Master of Public Health Policy Administration & Leadership**

### **Advisees:**

- 2024: Spring-18
- 2023: Fall-17
- 2023: Spring-17
- 2022: Fall-16
- 2022: Spring-12
- 2021: Fall-13
- 2021: Spring-14
- 2020: Fall-14
- 2020: Spring-21
- 2019: Fall-21
- 2019: Spring-24
- 2018: Fall-17
- 2018: Spring-16
- 2017: Fall -21
- 2017: Spring-22
- 2016: Fall-21
- 2016: Spring-15
- 2015: Fall-16
- 2015: Spring-8
- 2014: Fall-6
- 2014: Spring-9

### **SPECIAL REPORTS:**

- 2020: Social Distancing Guidelines for Reopening ECU Due to Covid-19 Pandemic. Co- authored with Dr. Cedric Bright.
- 2017: Coastal Coalition for Substance Abuse Prevention SAMSHA Grant Evaluation Report
- 2017: ATPR Climate Change Policy Position Statement. (Palombo, R., & Little, NRG) 2017: APHA Position Paper on Dietary Guidelines for Aging Populations.
- 2016: Coastal Coalition for Substance Abuse Prevention SAMSHA DFC Program Evaluation.
- 2015: Coastal Coalition for Substance Abuse Prevention SAMSHA DFC Program Evaluation.
- 2014: Coastal Coalition for Substance Abuse Prevention Annual Report. 2013: Coastal Coalition for Substance Abuse Prevention Annual Report.
- 2013: Coastal Coalition for Substance Abuse Prevention Youth Alcohol Accessibility in Carteret, Craven, Jones, Onslow & Pamlico counties.
- 2009: NCDHS: Board of Health Quarterly Report 2009: RENCI Quarterly Progress Report.

- 2008: RENC Quarterly Progress Report 2008: Board of Health Quarterly Report. 2007: Board of Health Quarterly Report 2007: RENC Quarterly Progress Report
- 2006: Other Publications. Co-Author, Patient Education Booklet, 'Managing Heart Failure.'

## **PRESENTATIONS:**

### **National:**

- 2025: American College Health Association National Conference, New Orleans, Louisiana. Exploring the Relationship Between Health Insurance Literacy and Health Equity. (Wynn, J., Little, R., Basu, R., Fang, X., & Moore, C.). Poster Accepted.
- 2025: Association of Prevention Teaching & Research National Conference, Cleveland Ohio. Aging, A Public Health Priority. (Little, R., Davies, S.) Poster
- 2024: 16th National Conference for Immunization Coalitions and Partnerships (NCICP). Philadelphia, PA. Promising Partnerships: Results from The CONFIDENT Study, An RCT to Increase COVID-19 Vaccine Confidence in Long-Term Care Workers. (Johnson, L, Little, NR.) Oral Panel Presentation co-presenter
- 2024: Association of Prevention Teaching & Research National Conference, Washington DC. Implementing a Post Overdose Response Team: A North Carolina Local Leadership Response. (Barnhill, C., Little, NR). Poster Presentation
- 2024: The Combined Sections Meeting of American Physical Therapy Association. Boston, MA. Gait and Balance Ability is Associated with Quality of Life in Adults with Autism. (Bernstorff, J., Bailey, A., Gaskins, S., Little, R., Chia-Cheng, Lin). Oral presentation.
- 2022: Association of Prevention Teaching & Research National Conference (Virtual) Policy Recommendations to Reduce Underage Drinking in the United States. (Little, NR & Judge, B.). Poster Presentation
- 2021: Association of Prevention Teaching & Research Webinar ( Virtual) APTR Webinar: Administration of Diversity, Equity, and Inclusion in Prevention and Public Health Education Programs. (Little, NR & Bailey, E.) Webinar.
- 2021: Association of Prevention Teaching & Research National Conference (Virtual). The Impact of Home- Based Rehabilitation on Cardiac Rehab Patients During the Covid- 19 Pandemic. (Greenway, S. & Little, NR Gaskins). Poster Presentation
- 2021: Association of Prevention Teaching & Research National Conference (Virtual). Parental Perceptions and Use of E-Cigarettes Among Adolescent Youth in Rural Eastern North Carolina. (Collins, S., Glynn, K. & Little, NR Gaskins). Oral & Poster presentation.
- 2020: Gerontological Society of America (GSA). October 2020. Virtual Conference. A Systematized Review of UTI Management Protocol for Long-Term Care Residents. (Arora. A. & Little, NRG). Poster presentation.
- 2020: Society for Military Psychology Conference, August 2020. Washington, DC. Prevalence of depression and frequent mental distress among North Carolina (NC) veterans: Analyses from NC Behavioral Risk Factor Surveillance System (BRFSS), 2014-2018. (Imai, Schreckengast, Little & Rafferty). Poster.

- 2020: Association of Prevention Teaching & Research National Conference. San Antonio, Texas. Improving the Health Literacy of Young Adults with ASD and their Caregivers. (Little). Oral Presentation.
- 2020: Association of Prevention Teaching & Research National Conference. San Antonio, Texas. Provider Transition Training for Adolescents and Young Adults with Autism Spectrum Disorder: A Systematized Review. (Little NRG, Schellinger J, Prasad R and Turner MC. Oral Lightening Round and Poster presentation by R. Prasad).
- 2019: American Public Health Association Annual Convention. Philadelphia, PA. Oral Presenter Aging Section Career Roundtable (Little).
- 2019: American Public Health Association Annual Convention. Philadelphia, PA. Health literacy and health behaviors in pre-diabetes: Results from the 2016 BRFSS. (Luo H, Chen Z, Bell R, Rafferty A, Little R, Winterbauer N). Poster Presentation.
- 2019: Association of Prevention Teaching & Research National Conference. Cleveland, Ohio. Improving the Health Literacy of Adolescents with ASD and their Caregivers. (Little). Oral presentation.
- 2019: Association of Teaching Prevention & Research National Conference. Perception of Health and Well-being among Adolescent High Risk Youth in Pitt County, NC. (Willis, Little). Poster Presentation.
- 2018: Association of Teaching Prevention & Research National Conference. Philadelphia, PA. Assessing the Role of Public Health in Response to the Growing Opioid Crisis. (Little, Greer). Oral Presentation.
- 2018: Association of Teaching Prevention & Research National Conference. Philadelphia, PA. Teaching Climate Change in Health Professions Education: Advancing the Climate Change Policy. (Greer, Little). Oral Presentation.
- 2018: Association of Teaching Prevention & Research Annual Conference. Philadelphia, Pennsylvania. Assessing the Public Health & Law enforcement's perceptions of the prevalence of prescription pain medications and their etiology in a multi-county area in eastern North Carolina (Saner, Little). Poster Presentation.
- 2018: Association of Teaching Prevention & Research Annual Conference. Philadelphia, Pennsylvania. Med-Ped Residents Knowledge, Attitudes, and Beliefs in the Treatment of Youth with Special Healthcare Needs (YSHCN), 2016-2017.(Wong, Little & Turner). Poster Presentation.
- 2017: International Aging Gerontological & Geriatrics 21st World Congress. San Francisco, California. Utilization of Community Health Coaches to Improve Chronic Disease Management in Older Adults. (Little). Poster Presentation.
- 2017: Association of Teaching Prevention & Research National Conference, Emerging Discipline of Community Health Coaches. Savannah, Georgia (Little, Greer & Edwards). Oral Presentation.
- 2017: Association of Teaching Prevention & Research National Conference. Climate Change Roundtable. Savannah, Georgia. (Greer, Little). Oral Presentation.
- 2017: Association of Teaching Prevention & Research National Conference, Condom Use or Misuse in Relationship to Mobile Dating Applications: A baseline study among college students at East Carolina University. Savannah, Georgia (Savoca, Little, Childs). Oral Presentation.
- 2017: Association of Teaching Prevention & Research National Conference, Racial and Gender Disparities within the use of Palliative Care Services: Evidence from Rural North Carolina. Savannah, Georgia (Terketoub, Little, Moye). Poster

- 2017: Association of Teaching Prevention & Research National Conference, What are the Knowledge and Attitudes of Med-Ped Residents in the Treatment of Young Adults with Special Healthcare Needs?. Savannah, Georgia (Goldberg, Little & Turner). Poster
- 2016: Trends in online public health and health care education. Jefferson College of Health Sciences, Roanoke, Virginia. Oral Presentation.
- 2015: Aging & Society International Conference, Who Will Replace America's Aging Public Health Leaders. Washington, DC. Oral Presentation.
- 2012: Lilly conference Presentation, Advancing Active Learning with Adult Learners. Washington, DC. Oral Presentation.
- 2012: 140th Annual Meeting of the American Public Health Association, Public Health & Faith Community, Session Moderator
- 2011: 139th Annual Meeting of the American Public Health Association, Public Health & Faith Community, Session Moderator
- 2010: 138th Annual Meeting of the American Public Health Association. Presenter, Presentation Title, "Preparing Ourselves for Spiritual and Physical Renewal." Oral Presentation.
- 2009: 137th Annual Meeting of the American Public Health Association. Moderator for Public Health & Faith Community Caucus Session.
- 2008: Council on Education for Public Health (CEPH), San Diego,
- California. Presentation on 'Innovations in Capstone Courses' in San Diego, California on October 26, 2008. Oral Presentation.
- 2007: Association for Prevention Teaching and Research, Washington, DC. Recruiting and Retaining Minorities as Stakeholders in the Community Assessment Process: Healthy People, Places, and Practices in Communities Workshop. Oral Presentation.

#### **State:**

- 2023: American Physical Therapy Association North Carolina Association, Elon, NC. Comparative Clinical Gait and Balance Performance between Young Adults with Autism and Age-matched Controls. Poster Presentation.
- 2022: NCPHA Annual Fall Conference. Public Health Leaders Response to Aging. Little, NR., Betts, B., Davies, S. and Rouse, J. Oral presentation.
- 2022: NCPHA Annual Fall Conference. Factors contributing to nursing assistant staff shortages within skilled nursing facilities, a systematized review. Campbell, S., Little, R. Poster presentation.
- 2022 NCPHA Annual Fall Conference. Does physical activity affect the behavior/mood of dementia residents residing in skilled nursing facilities within the United States, A systematized review 2008-2021. Campbell, M., Little, R. Poster Presentation.

- 2022 NCPHA Annual Fall Conference. Effect of animal Therapy Resident's Mental Health in Nursing Homes in the United States, A Systematized Review. Williams, B., Little, R. Accepted Poster Presentation.
- 2022 NCPHA Annual Fall Conference. Effect of Animal Assisted Therapy on Agitation Amongst Alzheimer's Patients in American Nursing Facilities: A Systematized Review. Wilmouth, L., Bell, R., & Little, NR. Poster Presentation.
- 2020: NCPHA Annual Fall Conference. Urban-Rural Differences in Chronic Pain Prevalence and Coping Mechanisms among North Carolina: Results from the 2018 Behavior Risk Factor Surveillance System. (Rafferty, A., Luo, H., Bell, RA, Little, NRG & Imai, S.) Accepted oral presentation.
- 2020: NCPHA Annual Fall Conference. Influenza and Pneumonia Vaccinations Among Adults with Diabetes in North Carolina: The North Carolina Behavioral Risk Factor Surveillance System. (Bell, R., Imai, S., Rafferty, A., Gaskins Little, NR, Winterbauer, N., Luo, H.) Accepted oral presentation.
- 2020: North Carolina Oncology Management Society, Myrtle Beach South Carolina. Utilizing Trained Paraprofessionals to facilitate Population Health Improvements. June 2020. Accepted. Little Oral Podium Presentation. Conference delayed to 2021 due to Covid-19 pandemic.
- 2019: Presentation to North Carolina Local Health Directors Committee proposing new Aging Section. Unanimous support; full NCLHDA vote unanimous in favor of starting new Aging Section March 21, 2019. Little Invited Oral Presentation.
- 2017: Eastern Regional Substance Abuse Prevention Summit. September 25, 2017. Greenville, NC. Grant funded from Little grant (CCSAP, SAMSHA subaward). Oral presentation and moderator.
- 2016: Southern Area AHEC Statewide Conference: Providing Patient Centered Care for Older Adults. Health Literacy for Seniors: Special Considerations. June 10, 2016. Oral Session.
- 2016: UNC Graduate Council. Doctor of Public Health: Permission to Plan, presentation. April 6, 2016. Chapel Hill, NC. Mwachofi, A., Kearney, G., Little, NRG & Clay, M. Oral presentation.
- 2013: North Carolina Public Health Association Annual Conference. Youth Alcohol Accessibility in Five Eastern North Carolina Counties: Carteret, Craven, Jones, Onslow, and Pamlico counties. Poster Presentation. (Troutman, Pierce, Camargo, Foushee & Little).
- 2012: North Carolina Public Health Association, Leadership Section Oral Presentation, "The Need for Public Health in a Growing Aging Society, September 20, 2012
- 2012: North Carolina Division of Public Health. Women's Branch, Building Bridges Conference, Raleigh, NC. Oral Presentation, "Faith Based Partnerships", April 26, 2012.
- 2010: North Carolina Public Health Association Health & Wellness Section. Oral Presentation "Food Literacy Partners Program." Wilmington, NC.
- 2009: Statewide Webinar for State Emergency Management Officials and County Emergency Managers, Greenville, Virtual. Co-presenter with Lloyd Novick and James Wilson on 'Medically Fragile Populations, Mapping, Registries and Physician Practices' for state emergency management officials and county emergency managers and personnel. February 25, 2009
- 2008: North Carolina Healthy Carolinians Institute, Greensboro, North Carolina. Collecting Data with Accuracy

- 2007: North Carolina Healthy Carolinians Conference, Greensboro, North Carolina. Partnerships & Collaboration: Community wide focus, bringing the right partners to the table
- 2007: North Carolina Public Health Association Conference, Raleigh, North Carolina. Is Your Board Bored? How to engage, support a direct a non-profit board
- 2006: North Carolina Annual Public Health Directors Conference, Raleigh, North Carolina. Co-presenter, Public Health and Community Health Center Collaborative Partnerships
- 2006: Blue Cross Blue Shield North Carolina, Chapel Hill, North Carolina. Co- Presenter, MPH Program at Brody School of Medicine

### **Regional/Local:**

- 2023: ECU Health Future Surgical Leaders Program. Leading a Team Effectively. Greenville, NC. Oral Presentation
- 2018: Symposium of Religion and Public Health, East Carolina University, April Values between Faith Based Agencies and Academic Public Health. April 6, 2018.
- 2018: MPH Faculty Retreat Presentation on new CEPH criteria for Integrated Field Experience.
- 2018: Successful Tips to Grantwriting. Brody Women Faculty Committee. March 21, 2018. Oral Panel Presentation.
- 2017: North Carolina Health & Human Services, Division of Public Health, NC Public Health & Response Regional Public Health Preparedness & Response
- Meeting, December 7, 2017. Oral Presentation: Community Engagement 101 Training. (Little, NRG, Berkner A. & Wong, J). New Bern, NC.
- 2017: John W. Hatch FaithHealth Lecture Series, Conetoe Missionary Baptist Church. Response and Reflections Panelist. Conetoe, NC. November 28, 2017.(Bell, Pitts, Little, Rocha-Peralta and Wright).
- 2017: ECU Department of Health Education and Promotion Presentation to Undergraduate Public Health Studies Students on Public Health Careers in Health Administration. November 30, 2017(Little).
- 2017: Eastern Region Head Start Annual Training Conference. “Medical Health issues of Children with Autism Spectrum Disorder,” Atlantic Beach, NC. June 5, 2017 (Little)
- 2017: Northeastern North Carolina Public Health Partnership 2017 Annual Board Meeting. “Substance Abuse Prevention Inventory of Services & Treatment in
- Northeastern North Carolina Counties, “Edenton, NC. March 2017. (Little, Locklear).
- 2016: MPH Program Delivery at Camp Lejeune Naval Hospital oral presentation. Little, NRG, Clay, M., & Barry, P. April 13, 2016. Jacksonville, NC.
- 2016: Congresswoman Jean Farmer-Butterfield Health Care Reform Community Workshop. Oral presentation, “Health Disparities and Health Care Reform.” Philippi Church of Christ, February 20th. Greenville, NC.



- 2016: School of Public Health Advisory Committee Oral Presentation August 11, 2015. Department of Public Health At BSOM: History, Growth, Community, Engagement, Accreditation. Oral group presentation (Clay, Mwachofi & Little). Oral.
- 2015: Northeastern North Carolina Public Health Partnership Board Oral Presentation, “Community Health Coach,” Edenton, North Carolina. September 23, 2015.
- 2015: Coastal Coalition for Substance Abuse Prevention Board Meeting,
- “Comprehensive Program Evaluation SAMSHA grant.” September, New Bern, NC.
- 2015: Brody School of Medicine Department of Emergency Medicine Global Health Conference Series, Grand Rounds Presentation, “Vulnerable Populations and Health Literacy: Improving Patient Self-Management.” March 2015.
- 2012: Faith in Medicine Conference at Monroe Center Faith in Medicine Conference at Monroe Center. Bringing Together Pastors and Medical Providers in Battle against Chronic Disease. March 2012.
- 2012: East Carolina University School of Dental Medicine Grand Rounds Oral Presentation. “Health Literacy & Community Engagement”, May 16, 2012
- 2011: MPH Faculty Retreat Facilitator & Speaker.
- 2010: ECU Service Learning Conference, Greenville, North Carolina. Presentation entitled A New Era of Public Health Long Term Care & Aging
- 2010: PROSPER. Presentation given at St. Peter Church of Christ Kinston, NC 2010: PROSPER. Presentation given at St. Augustus AME Zion Church Kinston, NC 2010: PROSPER. Presentation given at St. John's FWB Church in Kinston, NC 2010: Area L AHEC. Health Careers Presentation
- 2009: 5th Annual Jean Mills Symposium, Greenville, North Carolina. Presented
- on 'Health Literacy and Community Engagement/Empowerment' at the 5th annual Jean Mills Symposium
- 2008: Jones County Second Annual Diabetes Awareness Event. The Importance of Pastoral Leadership in Facilitating Congregant Participation in Health Improvement Changes
- 2008: Statewide Emergency Managers Broadcast. RENCI at ECU Department of Public Health at the Brody School of Medicine; Coastal Impact and Public Health: At Risk Populations
- 2008: Jones County Health Department. MIRACLE: Managing Insulin Resistance a Changing Life Experience
- 2007: Engelhard Medical Center Board, Engelhard, North Carolina. Presenter, Developing, Funding & Implementing programs to reduce health disparities in underserved populations.
- 2007: Eastern Area Health Education Center, Greenville, North Carolina. Future Directions of Health Education.
- 2007: Led Community Leaders Luncheon Meeting for CEPH Site Visit.
- 2006: Golden Leaf Foundation, Rocky Mount, North Carolina. Cardiovascular Disease Prevention: Creating Workforce Opportunities Putting Public Health Prevention into Practice.

- 2006: Harold Bate Foundation Board of Directors, New Bern, North Carolina. Health Profile and Public Health Needs for Eastern North Carolina.
- 2006: Eastern North Carolina Healthy Carolinian Coalition, Greenville, North Carolina. MPH Program at Brody School of Medicine: A practiced based curriculum with rural health focus.
- 2006: RENCI at East Carolina University, Greenville, North Carolina. Co-presenter, Eastern North Carolina Public Health Disaster.
- 2006: North Eastern Partnership for Public Health, Camp Safari, North Carolina. MPH Program at Brody School of Medicine: A practiced based curriculum with rural health focus.
- 2006: Ventures Health Careers Institute/AHEC, Greenville, North Carolina. Careers in Public Health, presentation to minority students from North Carolina.

## **MEDIA:**

- 2020: August 20, 2020. NCHCFA Membership Covid-19 Special Moments Tribute Video. April 22, 2020 Ayden Community Supports Ayden Court Nursing Home is highlighted in this video organized by Dr. Ruth Little, shown in the video. <https://vimeo.com/444071389>
- 2020: April 22, 2020 Ayden Community Supports Ayden Court Nursing Home organized by Dr. Ruth Little. Community members, state representative Kandie Smith; 4 town commissioners and town manager participated. <https://www.witn.com/content/news/Ayden-community-shows-supports-for-Ayden-Court-Nursing-Home--569872091.html>
- 2020: NCHCFA Weekly Update May 6, 2020. Ayden Community Supports Ayden Court Nursing Home organized by Dr. Ruth Little <https://www.nchcfa.org/publications/update-weekly/may-5-2020-issue-2065/copy-thank-you-trinity-grove-for-sharing-your-covid-19-special-moment/>
- 2019: Northeastern North Carolina Partnership for Public Health Fall Newsletter Article on forming new NCPHA Aging Section with collaboration with NENCPH Health Directors.
- 2017: September 25. Regional Substance Abuse Prevention Summit led by (PI) Dr. Ruth Little & (co-PI) Dr. Annette Greer. East Carolina Heart Institute, Greenville, NC.
- <http://ecuphotos.zenfolio.com/p501178704>.
- <http://wnct.com/2017/09/25/tackling-opioids-and-addiction-takes-center-stage-at-ecus-heart-institute/>
- <http://www.wcti12.com/news/local-news/craven/first-annual-substance-abuse-prevention-summit-works-to-combat-addiction-in-north-carolina/626000348>
- <http://www.reflector.com/News/2017/09/26/Seeking-community-based-solutions-to-opioid-epidemic.html>
- 2017: September 24 (9:15am). WRAL Segment with Adam Owens on Substance Abuse Prevention Summit being held at ECHI on September 25, 2020. (PI) Dr. Ruth Little & (co-PI) Dr. Annette Greer were interviewed.
- 2016: ECU East Magazine Feature, Fall 2016. Feature Article “Roadmaps to health” featured my longitudinal research on Community Health Coaches in rural eastern NC.

- 2014: WNCT Segment on Kate B. Reynolds Community Health Coach Grant with Dr. Ruth Little and Ron Gaskins, President Access East.

## PUBLICATIONS:

### Under Review

Stancil, M., Nicol, R., Little, N.R., Wu, Q., Luo, Q. (2024). Experiences of the Shieling: A phenomenological study of a Gaelic culture-specific outdoor learning program. *Social Sciences & Medicine*. Under Review.

### Published

- Johnson, L., Stevens, G., Cantrell, M., Little, R., Hollahan, T., Saunders, C., Thomeer, R., Shepard, R., Elwyn, G., Durand, M. (2024). Engaging Long-Term Care Workers In Research: Recruitment Approaches and Participant Characteristics from a Randomized Controlled Trial to Improve COVID-19 Vaccine Confidence. *Journal of the American Medical Directors Association*. 25 (1-8). <https://doi.org/10.1016/j.jamda.2024.02.016>
- Stevens, G., Johnson, L., Saunders, C., Schmidt, P., Sierpe, A., Thomeer, R., Little, N.R., et al and Elwyn, G. (2023). The CONFIDENT study protocol: a randomized controlled trial comparing two methods to increase long-term care worker confidence in the COVID-19 vaccines. *BMC Public Health*, 23:384. [doi.org/10.1186/s12889-023-15266-x](https://doi.org/10.1186/s12889-023-15266-x).
- Saunders, C., Sierpe, A., Stevens, G., Elwyn, G., Cantrell, M., Engel, J., Gonzalez, M., Hayward, M., Huebner, J., Johnson, L., Jimenez, A., Little, R., McKenna, C., et al, Durand, M. (2022). "Something for us": Co-development of the COVID-19 Social Site, a web app for long-term care workers. *Journal of Medical Internet Research*. ;24(9): e38359. doi: 10.2196/38359.
- Rafferty, A., Luo, H., Winterbauer, N., Bell, R., Gaskins Little, N.R. & Imai, S. (2021). Health Literacy Among Adults with Multiple Chronic Conditions. *Journal of Public Health Management & Practice*, 28 (2), E610-E614. doi: 10.1097/PHH.0000000000001352.
- Rafferty, A., Winterbauer, N., Luo, H., Bell, R. & Little, N.R. (2021) Diabetes Self-Care and Clinical Care Among Adults with Low Health Literacy. *Journal of Public Health Management & Practice*, 27(2): 144-153. doi: 10.1097/PHH.0000000000001050.
- Bell, R., Imai, S., Rafferty, A., Gaskins Little, N.R., Winterbauer, N., Luo, H. (2021) Influenza and pneumonia vaccinations among North Carolina Adults with diabetes. *American Journal of Health Behavior*, 45(2), 216–225. <https://doi.org/10.5993/AJHB.45.2.2>
- Rafferty, A., Luo, H., Egan, K., Bell, R., Little, R., and Imai, S. (2021). Rural-Urban Differences in Chronic Pain Prevalence and Coping Mechanisms among Adults in North Carolina: Results from the 2018 Behavioral Risk Factor Surveillance System. *Preventing Chronic Disease*, 18, E13. <https://doi.org/10.5888/pcd18.200352>
- Arora, A., & Little, R. (2020). A Systematized Review of UTI Management Protocol for Long-Term Care Residents. *Innovation in Aging*;4(Supp 1): 87. DOI: 10.1093/geroni/igaa057.286
- Bell, R.A. & Little, N.R. Gaskins (2020). The Impact of the Affordable Care Act on the Health of Racial and Ethnic Minority Communities in North Carolina. *North Carolina Medical Journal (NCMJ)*.
- Little, N.R. Gaskins, Welsh, P., & Sholar, A. (2020). Developing Future Public Health Leaders Trained in Long-term

Care Administration. *Journal of Public Health Management & Practice (JPHMP)*. Published online ahead of print April 20, 2020. doi: 10.1097/PHH.0000000000001188

- Kearney, G., Berkner, A., Langley, R., Little, R. & Wambui, D. (2020) Occupational Challenges for Immigrant Workers in the Commercial Pine Forest Service Industry. *NEW SOLUTIONS: A Journal of Environmental and Occupational Health Policy*, 30(3), 183-191. doi:10.1177/1048291120947480
- Rafferty, A.P, Luo, H., Gaskins Little, N. R., Imai, S., Winterbauer, N., Bell, R.A. (2020) Self-Reported Health Literacy among North Carolina Adults and Associations with Health Status and Chronic Health Conditions: Results from the 2016 North Carolina Behavioral Risk Factor Surveillance System. *North Carolina Medical Journal (NCMJ)*. Mar-Apr;81(2):87-94. doi: 10.18043/ncm.81.2.87
- Luo, H., Chen, Z., Bell, R.A., Rafferty, Little, N.R. & Winterbauer, N. (2020). Health Literacy and Health Behaviors Among Adults with Prediabetes: 2016 Behavioral Risk Factor Surveillance System. *Public Health Rep.* 135(4) 492-500. doi: 10.1177/0033354920927848
- Little, N. R., Greer, A. & Moore, J. (2020). Educational attainment and characteristics of leaders of schools of public health and state health departments. *Journal of Public Health Practice & Management*. Volume 26(4), July/August 2020, p 393-396. DOI: 10.1097/PHH.0000000000000966
- Greer, A., Little, R., Tebbe-Grossman, J. (2018). Climate Change Policy and Climate Change Toolkit. Association Prevention Teaching and Research Publication (website) <https://www.aptrweb.org/page/ClimateChange>.
- Little, R., Greer, A., McFadden, C. & Clay, M. (2016) Profile of Public Health Leaders: Academic Deans and State Health Directors. *Journal of Public Health Management and Practice*, 22(5), 479-481.
- Wilson, J., Little, N. R., & Novick, L. F. (2013). Estimating Medically Fragile Populations in Storm Surge Zones: a GIS application. *Journal of Emergency Management*, 11(1), 9-24.

### **Dissertations Published in ProQuest:**

- Stancil, Missy (2023) Improving mental well-being through culture-specific outdoor learning: A mixed methods study. ECU. Dissertation
- Firnhaber, J. (2017). Nursing Participation In End Of Life Nutrition and Hydration Decision Making Processes In A Rural Nursing Home. ECU Dissertation
- Little, R. (2014). Evidence Regarding the Value of the DrPH Degree in Public Health. ECU. Dissertation